

# MILDREDS

SINCE 1988

PLEASE INFORM YOUR WAITER OF ANY ALLERGIES  
WE DO NOT OPERATE AN ALLERGEN FREE KITCHEN

## STARTERS

- HARISSA BRAVAS** 4  
herb roast potatoes, harissa, aioli **SU, MS, SY**
- MOLE FRIJOLES** 5  
tomatillo salsa, vegan greek style  
'cheese', corn chips
- CHARRED ARTICHOKE** 6  
roman style artichokes, crostini, aioli **SY, G, MS, SU**
- GYOZA DUMPLINGS** 6  
shimeji mushrooms, chilli bean oil,  
tamari dip **G, SS, SY**
- PORCINI ARANCINI** 6/9  
white truffle oil, porcini, chestnut  
mushroom risotto, porcini cream **G, SU**
- SPICED HALLOUMI** 7  
beetroot, spinach, chilli, tamarind  
date glaze, turmeric almonds **N, M**
- HAZELNUT DUKKAH** 6  
warm heirloom carrots, orange dressing,  
whipped tahini, soft herbs, pomegranate **N, SS**

## MAINS

- SOUL BOWL** 13  
carrot goji berry quinoa, baby kale, shiitake,  
avocado, cashew cheese, toasted seeds **N, SY, SS**
- LEVANT CHICK'N KEBABS** 12  
persian lime butterbeans, fennel, preserved  
lemon, spinach, whipped tahini **SY, SS, SU**
- SRI LANKAN CURRY** 13  
sweet potato coconut curry, roasted cashews,  
pea basmati rice, tomato coconut sambal **N, MS, C, SU**
- PARSNIP APPLE SAUSAGES** 12  
borlotti bean, parsnip and apple sausages,  
mustard mash, cider jus, caramelised apple  
**SY, SU, MS, G, C, SS**
- GOCHUJANG TOFU** 13  
clean bean tofu, pak choy, green beans,  
spring onion, furikake  
shanghai noodles or black venus rice **SS, SY, G**

## ALLERGENS GUIDE

CELERY - C  
GLUTEN - G  
MILK - M  
MUSTARD - MS  
NUTS - N  
PEANUTS - PN  
SESAME SEEDS - SS  
SULPHITES - SU  
SOYA - SY

## BURGERS

- TERIYAKI CHICK'N** 9  
plum teriyaki, shichimi mayo, kale, pickled  
red onion and carrot, brioche bun **SS, SY, SU, G, MS**
- POLISH** 8  
beetroot white bean burger, pickled red  
cabbage, gherkins, aioli, brioche bun **G, MS, SY, SU**
- MOCK DUCK BANH MI** 8  
baguette, bean sprout, carrot,  
cucumber salad, char siu mock duck,  
pickles, peanuts **MS, G, SY, SS, PN**
- ADD**
- vegan cheese or mature cheddar **M** 1.5  
avocado 2  
fries 3.5  
sweet potato fries 4.5

## SIDES

- tamarind aubergines, esme pomegranate 4  
seasonal greens, peas, herb garlic 'butter' 4  
tender-stem broccoli, lemon miso **SY** 4  
black venus rice, furikake **SS** 4  
grilled pita bread **G** 2  
hummus, aleppo chilli **SS, SU** 4  
bread and olives **G, SU** 5

## DESSERTS

- CLEMENTINE CAKE** 6.5  
pistachio, blood orange sorbet **N**
- CARAMEL CHEESECAKE** 6.5  
biscoff, blackberry sauce **G, SY**
- CHOCOLATE CHERRY CAKE** 7  
sour cherry, coconut chantilly **G, SY**
- GINGERBREAD STICKY TOFFEE** 7  
spiced toffee sauce, creme anglaise **G, SY**
- SPICED RUM TRUFFLES** 3  
dark chocolate orange **SY**

WE CANNOT GUARANTEE THE ABSENCE OF ALLERGENS IN OUR FOOD  
IF YOU HAVE ANY OTHER ALLERGIES PLEASE INFORM YOUR WAITER  
12.5% OPTIONAL SERVICE CHARGE WILL BE ADDED TO YOUR BILL  
THANK YOU

SOHO DALSTON KING'S CROSS CAMDEN