

# MILDREDS

SOHO CAMDEN KING'S CROSS DALSTON

## BREAKFAST

MONDAY - FRIDAY 8.30AM - 11AM

### MILDREDS BRIOCHE BAPS

<b>BODEGA EGG &amp; CHEESE</b> NV E G M MS SY	5
clarence court egg omelette, garlic aioli	
<b>HARISSA EGG &amp; CHEESE</b> NV A E G M MS SY SS	6
clarence court egg omelette, harissa, soft herbs, za'atar, garlic aioli	
<b>V'EGG MAYO</b> G MS SY	6
tofu 'egg' salad, chives, mustard sprouts, cucumber ribbons	
<b>THE VLT</b> G MS SY	6
aubergine 'bacon', romaine lettuce, tomato, red onion, garlic aioli	
<b>ADD ONS</b>	
mature cheddar NV M or vegan cheese	1.5
avocado	2

<b>SELECTION OF MUFFINS</b> G N	2.5
ask your server about today's muffins	
<b>TOASTED SOURDOUGH</b> G N	4
butter NV M / house preserve / almond date butter N (any two)	
<b>BANANA BREAD</b> N	4.5
banana and almond loaf, coconut yogurt, candied coconut, date molasses	
<b>FOREST FRUIT COMPOTE &amp; GRANOLA</b> N	6
organic coconut yogurt, fruit and nut granola	

**YOU CAN ORDER, PAY & CHECK ALLERGENS  
USING YOUR PHONE - ask our team**

### ALLERGEN GUIDE

ALCOHOL - A	EGGS - E	NUTS - N
CELERY - C	MILK - M	SESAME SEEDS - SS
GLUTEN - G	MUSTARD - MS	SOYA - SY

ALL DISHES ARE VEGAN UNLESS STATED  
OTHERWISE WITH NV (NOT VEGAN)

## COCKTAILS

<b>MIMOSA</b>	7.5
prosecco, fresh orange juice	
<b>BLOODY MARY</b> <b>C G MS</b>	7.5
absolut vodka, big tom, lemon juice, tabasco, henderson's relish	

## HOT DRINKS

<b>ORGANIC SPECIALITY COFFEE BY UNION</b>	
americano / espresso	2.5
cappuccino / latte / flat white	3
<b>LOOSE LEAF TEAS BY RARE TEA CO.</b>	3
speedy breakfast / rare earl grey / jasmine silver / wild rooibos / sri lankan lemongrass / green leaf	
<b>fresh mint tea / fresh lemon &amp; ginger tea</b>	2.5
<b>hot chocolate</b>	3.5
<b>milk options:</b> organic milk <b>M NV</b> / oatly <b>G</b> / rude health almond <b>N</b> / rude health coconut	
- decaf coffee available	

## ORGANIC JUICES & SHOTS

carrot, apple, ginger	5.5
kale, celery, cucumber, apple, lemon <b>C</b>	5.5
ginger, turmeric, black pepper shot	2.5
apple, ginger shot	2.5
celery shot <b>C</b>	2.5
- all juices may contain traces of celery	

## SMOOTHIES

banana, strawberry, coconut milk, chia seeds	6.5
apple, mango, coconut, lime, pineapple, mint, spirulina	6.5

## SOFT DRINKS

belu still / sparkling water 330ml / 750ml	2/3.5
coke zero / coke	2.5/2.6
double dutch ginger beer	3.5
captain kombucha	3.5

Whilst not containing any gluten, some dishes are cooked in our fryers that have also been used to cook wheat products, these dishes should be avoided if this level of cross contamination will affect you. We do not have dedicated preparation or cooking areas in our kitchens for nut-free or gluten-free food. As our food is prepared & freshly cooked to order, there may be a risk that traces of all allergens can be found in any dish. We are happy to provide you with allergen and ingredient information for all our menu items. We advise you to speak to a member of staff if you have any food allergies or intolerances. An optional service charge of 12.5% will be added to your bill for the benefit of all our staff.