

# MILDREDS

SERVED AT DALSTON ONLY

## BREAKFAST

MONDAY - FRIDAY 9AM - 11AM  
SATURDAY - SUNDAY 9AM - 3PM

### V'EGG HARRISSA BAP 6

G MS SY

scrambled clean bean tofu, soft herbs, aioli

**ADD ONS** smoked vegan cheeze 1.5 avocado 2

### TEMPEH BACON & AVO BAP 8.5

G MS SY

club cultured tempeh bacon, lettuce, red onion, tomato, avocado, aioli

**ADD ON** smoked vegan cheeze 1.5

### MORELLO CHERRY PORRIDGE 5

N

creamy GF oat porridge, morello cherry compote, pistachios

### BRUNCH BOWL 13

SS SY

club cultured tempeh bacon, goji & carrot quinoa, sesame mushrooms, tomatoes, spinach, avocado

### RED POTATO HOME FRIES 3.5

maldon salt

## HOT DRINKS

### organic coffee by union

americano / espresso 2.5

cappuccino / latte / flat white 3

loose leaf teas by rare tea co. 3

speedy breakfast / rare earl grey / jasmine silver

wild rooibos / sri lankan lemongrass / green leaf

fresh mint tea 2.5

fresh lemon & ginger tea 2.5

hot chocolate 3.5

**milk options:** moma oat G / rude health coconut /

rude health almond N / rude health soya SY

- decaf coffee available

## ORGANIC JUICES

carrot, apple, ginger 5.5

kale, celery, cucumber, apple, lemon C 5.5

- all juices may contain traces of celery C

## SOFT DRINKS

belu still / sparkling water 330ml / 750ml 2 / 3.5

coke zero / coke 330ml 2.5 / 2.6

pimento ginger beer 250ml 4

real kombucha royal flush 275ml 5

dalston's soda 330ml 3

elderflower / rhubarb / cherryade

## ALLERGEN GUIDE

ALCOHOL - A  
CELERY - C

GLUTEN - G  
MUSTARD - MS

NUTS - N  
SESAME SEEDS - SS

SULPHITES - SU  
SOYA - SY

ALL OUR DISHES ARE VEGAN. NOT ALL INGREDIENTS ARE LISTED ON THE MENU  
SPEAK TO THE TEAM IF YOU HAVE ANY ALLERGIES OR INTOLERANCES  
GLUTEN-FRIENDLY BREAD OPTIONS AVAILABLE