

MILDREDS

SERVED AT DALSTON ONLY

BREAKFAST

MONDAY - FRIDAY 9AM - 11AM
SATURDAY - SUNDAY 9AM - 3PM

V'EGG HARRISSA BAP 6

G MS SY

scrambled clean bean tofu, soft herbs, aioli
ADD ONS smoked vegan cheeze 1.5 avocado 2

TEMPEH BACON & AVO BAP 8.5

G MS SY

club cultured tempeh, avocado, lettuce, red onion, tomato, aioli
ADD ON smoked vegan cheeze 1.5

MORELLO CHERRY PORRIDGE 5

N

creamy GF oat porridge, morello cherry compote, pistachios

BRUNCH BOWL 13

SS SY

club cultured tempeh bacon, goji & carrot quinoa, sesame mushrooms,
tomatoes, spinach, avocado

RED POTATO HOME FRIES 3.5

maldon salt

HOT DRINKS

organic coffee by union
americano / espresso 2.5
cappuccino / latte / flat white 3
loose leaf teas by rare tea co. 3
speedy breakfast / rare earl grey / jasmine silver
wild rooibos / sri lankan lemongrass / green leaf
fresh mint tea 2.5
fresh lemon & ginger tea 2.5
hot chocolate 3.5
milk options: moma oat G / rude health coconut /
rude health almond N / rude health soya SY
- decaf coffee available

ORGANIC JUICES

carrot, apple, ginger 5.5
kale, celery, cucumber, apple, lemon C 5.5
- all juices may contain traces of celery C

SOFT DRINKS

belu still / sparkling water 330ml / 750ml 2 / 3.5
coke zero / coke 330ml 2.5 / 2.6
pimento ginger beer 250ml 4
real kombucha royal flush 275ml 5
dalston's soda 330ml 3
elderflower / rhubarb / cherryade

ALLERGEN
GUIDE

CELERY - C
GLUTEN - G

MUSTARD - MS
NUTS - N

SESAME SEEDS - SS
SOYA - SY

ALL OUR DISHES ARE VEGAN. NOT ALL INGREDIENTS ARE LISTED ON THE MENU
SPEAK TO THE TEAM IF YOU HAVE ANY ALLERGIES OR INTOLERANCES
GLUTEN-FRIENDLY BREAD OPTIONS AVAILABLE